

Camryn Sutton, Psy.D.

EDUCATION

08/2021 – 08/2025	Psy.D. in Clinical Psychology <i>California School of Professional Psychology</i> <i>Alliant International University, Fresno Campus</i>
08/2021 – 08/2023	Master of Arts, Clinical Psychology <i>California School of Professional Psychology</i> <i>Alliant International University, Fresno Campus</i>
09/2019 – 03/2021	Bachelor of Arts, Psychology <i>University of California, Santa Cruz</i> Magna Cum Laude
08/2017 – 05/2019	Psychology (courses taken toward Bachelor's degree) <i>Fresno City College</i>

HONORS AND AWARDS

05/2024	Cynthia Belar Internship Applicant Scholarship Association of Psychology Postdoctoral and Internship Centers
12/2023	Graduate Research Grant Psi Chi International
12/2023	Dissertation Grant Society for Personality Assessment
2022 – 2023	Alliant Diversity Scholarship Alliant International University
2021 – 2022	CSPP Diversity, Equity, and Inclusion Scholarship Alliant International University
2021 – 2022	CSPP Dean's Award of Excellence Alliant International University
2021 – 2022	CSPP IMPACT Scholarship Alliant International University
03/2021	Magna Cum Laude Honors University of California, Santa Cruz
06/2020 – 03/2021	Dean's Honors

08/2017 – 05/2019

Dean's List
Fresno City College

CLINICAL EXPERIENCE

10/2026 – present

Licensed Clinical Psychologist
Utah Center for Psychological Services

- Conducts comprehensive psychological and neuropsychological evaluations to assess concerns such as autism spectrum disorder, ADHD, OCD, PTSD, learning disorders, depression, and anxiety.
- Selects, administers, and interprets standardized psychological and neuropsychological tests. Conducts clinical interviews and gathers information from family members and other sources to support diagnostic decision-making.
- Prepares comprehensive evaluation reports summarizing assessment findings, diagnostic impressions, and individualized recommendations.
- Provides feedback sessions to discuss assessment results and recommendations with clients and their families. Collaborates with other healthcare providers to coordinate care and connect clients with appropriate resources.
- Participates in monthly group consultation to support clinical development, discuss complex cases, and strengthen diagnostic decision-making.

09/2025 – 09/2026

Postdoctoral Fellow
Utah Center for Psychological Services
Supervisor: Tristyn Teel Wilkerson, Psy.D.

- Conducted comprehensive psychological and neuropsychological evaluations to assess concerns such as autism spectrum disorder, ADHD, OCD, PTSD, learning disorders, depression, and anxiety.
- Selected, administered, and interpreted standardized psychological and neuropsychological tests. Conducted clinical interviews and gathered information from family members and other sources to support diagnostic decision-making.
- Prepared comprehensive evaluation reports summarizing assessment findings, diagnostic impressions, and individualized recommendations.
- Provided feedback sessions to discuss assessment results and recommendations with clients and their families. Collaborated with other healthcare providers to coordinate care and connect clients with appropriate resources.
- Participated in weekly individual supervision and monthly group consultation to support clinical development, discuss complex cases, and strengthen diagnostic decision-making.

08/2024 – 08/2025

Pre-Doctoral Intern, **Counseling and Psychological Services**
Brigham Young University
Supervisors: Hoku Conklin, Ph.D. & Jon Cox, Ph.D.

- Conducted individual, group, and couples' psychotherapy with university students experiencing a wide range of mental health concerns.
- Presenting concerns included anxiety, depression, OCD, sexual concerns, suicidal ideation, relational difficulties, trauma, adjustment disorder, spirituality concerns, eating disorders, and ADHD.
- Acceptance and Commitment Therapy (ACT) and Compassion-Focused Therapy (CFT) were primarily used for brief therapy interventions, treatment planning, and case conceptualizations.
- Co-facilitated a weekly 90-minute General Process group, supporting students in their exploration of the self and other members by using here-and-now processes.
- Co-facilitated a weekly 90-minute OCD group, provided psychoeducation on OCD subtypes and Exposure and Response Prevention (ERP) techniques to enhance students' understanding and management of their OCD.
- Co-facilitated a weekly 60-minute group on Perfectionism, supported students in achieving their goals while reducing stress and anxiety.
- Conducted comprehensive assessment batteries to address students' referral questions, including cognitive, intellectual, and personality measures.
- Worked with a multi-disciplinary staff, consulted, and collaborated with case managers and the accessibility center regarding students who needed extra resources or specialized treatment.
- Participated in weekly individual and group supervision.

08/2023 – 05/2024

Psychological Trainee, **Student Health and Counseling Center**
California State University, Fresno
Supervisor: Rebecca Raya-Fernandez, PsyD.

- Conducted individual psychotherapy with university students experiencing a wide range of mental health concerns.
- Presenting concerns included anxiety, depression, suicidal ideation, relational difficulties, trauma, adjustment disorder, substance issues, eating disorders, bipolar disorder, personality disorders, ADHD, OCD, and grief.
- Cognitive-behavioral therapy was primarily used for brief therapy interventions, treatment planning, and case conceptualizations
- Worked with a multi-disciplinary staff, consulted, and collaborated with psychiatrists and medical staff regarding those students with medical conditions and other associated concerns.
- Participated in weekly individual and group supervision

01/2022 – 06/2023

Practicum Student, **W. Gary Cannon Psychological Services Center**
Alliant International University, Fresno
Supervisors: Dale White, Ph.D. & Michael Idiart, Ph.D.

- Conducted individual psychotherapy with adults and adolescents experiencing a range of mental health concerns.
- Presenting concerns included anxiety, depression, panic attacks, personality disorder, conduct disorder, substance issues, suicidal ideation, trauma, relational difficulties, grief, and anger.

- Generated case conceptualizations and diagnoses, created treatment plans, and implemented interventions primarily using cognitive-behavioral approaches.
- Participated in weekly individual and group supervision
- Trained to administer, score, and interpret the following assessments: Wechsler Adult Intelligence Scale—Fourth Edition (WAIS-IV); Wechsler Intelligence Scale for Children (WISC-V); Wechsler Preschool and Primary Scale of Intelligence (WPPSI-IV); Wechsler Individual Achievement Test—Fourth Edition (WIAT-4); Wechsler Abbreviated Scale of Intelligence 2nd Edition (WASI-II); Minnesota Multiphasic Personality Inventory—Third Edition (MMPI-3); Personality Assessment Inventory (PAI); Personality Assessment Screener (PAS); Millon Clinical Multiaxial Inventory—Fourth Edition (MCMI-IV); Thematic Apperception Test (TAT); Rorschach Performance Assessment System (R-PAS); and Rotter's Incomplete Sentence Blank (RISB).

05/2022 – 06/2023

Forensic Rotation, **W. Gary Cannon Psychological Services Center**
Alliant International University, Fresno
Supervisor: Michael Idiart, Ph.D.

- Conducted court-ordered comprehensive psychological evaluations to assess fitness for program participation, primarily using the WASI-II and PAS.
- Created comprehensive reports based on the clinical interview, behavioral observations, cognitive abilities, and psychological symptoms, and provided recommendations for future care.
- Conducted weekly 90-minute group psychotherapy and biweekly individual psychotherapy for adolescents participating in the manualized Adolescent Sex Offender Treatment Program (ASOTP).
 - Wrote progress notes, communicated with probation officers, generated monthly reports, and participated in weekly individual supervision.
- Conducted weekly group psychotherapy for adolescents who were referred to complete 12 weeks of the Sexual Awareness and Values Education (SAVE) manualized program to promote healthy and appropriate sexual behaviors.
- Conducted psychotherapy for an adolescent who was referred to complete 10 weeks of the Fire Prevention manualized program to prevent fire-setting behaviors.

01/2023 – 06/2023

Group Therapist, **Tulare County Theft Diversion (TCTD)**
Tulare County Probation Department, Visalia CA
Supervisor: Michael Idiart, Ph.D.

- Conducted group psychotherapy for adults in the Tulare County Probation Department who were referred to complete 24 weeks of the Tulare County Theft Diversion (TCTD) manualized program to prevent future offenses.
- Wrote progress notes, generated monthly reports, and participated in weekly individual supervision.

05/2022 – 09/2022

Group Therapist, **Juvenile Detention Facility (JDF)**
Juvenile Detention Facility, Visalia CA
Supervisors: Dale White, Ph.D. & Michael Idiart, Ph.D.

- Conducted group psychotherapy for adolescents in the Juvenile Detention Facility who were referred to complete 24 weeks of manualized cognitive-behavioral treatment.
 - Wrote progress notes, generated monthly reports, and participated in weekly individual supervision.
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PREVIOUS EMPLOYMENT

04/2021 – 10/2021 **Mental Health Rehabilitation Specialist**
Fresh Start Youth Center, Fresno CA

- Supervised youth in a Short-Term Residential Treatment Program.
- Managed appointments with therapists, physicians, counselors, school professionals, and other outside agencies for Commercially Sexually Exploited Youth.
- Provided trauma-focused behavior interventions, crisis response, and harm-reducing care to youth struggling with trauma symptoms.

06/2021 – 09/2021 **Human-Trafficking Outreach, Prevention, and Education (HOPE) Intern**
International Rescue Committee, Sacramento CA

- Provided trauma-informed, client-centered, intensive case management, and direct assistance to survivors of human trafficking.
- Supported clients in accessing safe and affordable housing, all-encompassing medical care, access to necessary social services, and more.

09/2020 – 03/2021 **Community Impact Department Intern**
United Way of Santa Cruz County, Capitola CA

- Supported criminal justice-related initiatives through participation in various capacity-building opportunities related to youth, criminal justice reform, and racial equity.
- Researched best public safety practices for curriculum development, managed projects and event planning logistics, and engaged in community outreach.
- Hosted a community forum advocating for the needs of survivors of crime and the importance of criminal justice reform, which reached over 100 participants.

10/2019 – 1/2020 **Youth Development Specialist**
Boys & Girls Club of Santa Cruz County, Scotts Valley CA

- Provided guidance and advice for youth 6-18 years old to help cultivate self-esteem and community involvement.
- Created and facilitated recreational and educational activities for youths to engage in a safe environment.

TEACHING EXPERIENCE

1/2025 – 4/2025

Co-Teacher

Life Planning and Decision-Making
Brigham Young University

- Collaborated with a Licensed Clinical Psychologist to co-teach a 50-minute, twice-weekly class to help students be able to actively reflect, evaluate, plan, experiment, discover, and engage in understanding and utilizing strengths, personality traits, and values to overcome barriers, create life plans, and make decisions aligned with their personal and professional goals.
- Assisted with lesson planning and grading.

05/2023 – 8/2023

Teaching Assistant

Projective Assessment
Alliant International University

- Lead 90-minute weekly labs to help students gain proficiency in the administration, scoring, and interpretation of projective assessments including the Rorschach Inkblot Test, Thematic Apperception Test (TAT), and Rotter's Incomplete Sentences Blank (RISB).

01/2023 – 05/2023

Teaching Assistant

Personality Assessment
Alliant International University

- Lead 90-minute weekly labs to help students gain proficiency in the administration, scoring, and interpretation of major personality assessments including the Minnesota Multiphasic Personality Inventory—Third Edition (MMPI-3), Personality Assessment Inventory (PAI), and the Millon Clinical Multiaxial Inventory—Fourth Edition (MCMI-IV).

08/2022 – 05/2023

Teaching Assistant

Data Analysis, Research Methods, and Program Evaluation
Alliant International University

- Supported students with learning statistical analyses used in psychological research, conducting univariate statistical procedures using SPSS software, interpreting SPSS output files, designing research projects, writing and assessing process and outcome questions for a program evaluation, and conducting culturally competent research.
- Attended class weekly to be available for assistance during class activities and met with students individually upon request.
- Assisted with grading in-class activities, homework assignments, exams and quizzes, creating assignments, and maintaining students' files.

08/2018 – 05/2019

Student Services Specialist

Microeconomics

Fresno City College

- Provided one-hour, daily group instructions each week to over 200 students in Microeconomics at Fresno City College.
 - Created lesson plans, special handouts, study guides and assessments to evaluate and boost student knowledge in their coursework.
 - Identified learning needs and implemented fun and engaging learning activities to help students advance, resulting in an overall improvement in grades by 30%.
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RESEARCH EXPERIENCE

06/2022 - 03/2025

Doctoral Dissertation

*Clinical PsyD Program, Alliant International University, Fresno
Committee Chair: Ya-Shu Liang, Ph.D.*

Title: Using the MMPI-3 to Detect the Relationship Between Childhood Trauma and Somatization

This is an original study examining how the Minnesota Multiphasic Personality Inventory—Third Edition (MMPI-3) can be used to detect the relationship between childhood trauma (i.e., childhood physical abuse, sexual abuse, emotional abuse, physical neglect, and emotional neglect) and somatic symptom endorsement in adults from a community sample. History of childhood trauma was collected using the Adverse Childhood Experiences (ACEs) scale and the Childhood Trauma Questionnaire-Short Form (CTQ-SF). Somatic symptoms were measured using various somatic scales in the MMPI-3. This project involves a literature review, data collection from a random community sample, and a multiple linear regression using SPSS.

08/2023 - 12/2023

Rorschach Research Practicum

*Clinical PsyD Program, Alliant International University
Supervisor: Mark Barnes, Ph.D.*

- Assisted a licensed clinical psychologist in administering Rorschach Inkblot Tests to adolescents ranging from 8 to 17 years old in an effort to create a normative sample for adolescents.
 - The Rorschach was administered alongside the WASI-II, Conner's 3, Revised Children's Manifest Anxiety Scale-Second Edition (RCMAS-2), and the Piers Harris-2 to develop a database for future research projects.
 - Administered and scored Rorschach tests and supplemental assessments monthly.
 - Participated in weekly group meetings and coding exercises.
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SERVICE

08/2024 - 12/2024

Outreach Committee, Brigham Young University

- Represented Brigham Young University's Counseling and Psychological Services (CAPS) at university outreach events to promote services, resources, and mental health awareness.
- Held workshops and presentations to educate students about mental health topics such as anxiety, depression, and perfectionism.

- Participated in interviews with students who sought to better understand CAPS and/or specific mental health issues.

01/2022 – 05/2024

Treasurer, Community Ambassadors, Alliant University, Fresno

- Represented Alliant International University at community outreach events to promote mental health awareness.
- Hosted events and lead projects pertaining to educating the general public on various mental health-related topics.
- Provided support to underserved populations through donations and food drives.
- Kept track of budgets and spending throughout the semester.

SELECTED WORKSHOPS AND TRAININGS

11/08/2024

Utah University & College Counseling Centers Conference
Campus-Wide Suicide Prevention and Intervention
Kurt Michael, Ph.D.

10/18/2024

Fall Counseling Conference
EMDR Workshop
Daphne Fatter, Ph.D.

PROFESSIONAL PRESENTATIONS

Sutton, C., Liang, Y.-S., Barnes, M., & Johansson, A. (2025, March 26-30). *Using the MMPI-3 to examine the relationship between childhood trauma and somatic symptoms in a non-clinical community sample*. [Poster presentation]. Society for Personality Assessment Annual Convention, Denver, CO, United States.

Sutton, C., Liang, Y.-S., Barnes, M., & Johansson, A. (2025, May 1-4). *Using the MMPI-3 to detect the relationship between childhood trauma and somatization*. [Poster presentation]. Western Psychological Association Annual Convention, Las Vegas, NV, United States.

PROFESSIONAL ORGANIZATION MEMBERSHIP

2022 – 2025

Society for Personality Assessment

2019 – 2023

Psi Chi International Honors Society