BECKIE GRGICH, PSY.D.

EDUCATION AND TRAINING

Doctor of Psychology 1996 to 1998
Alliant University, CSPP - Fresno, California
Clinical Psychology Emphasis with:
Major: Ecosystemic Child Psychology
Minor: Neuropsychology

Master of Arts Degree in Psychology 1994 to 1996
Alliant University, CSPP - Fresno, California

Bachelor of Science Degree in Psychology 1991 to 1994
University of Utah - Salt Lake City, Utah

Associate of Science Degree 1989 to 1991
Dixie College - St. George, Utah

ACTIVE PROFESSIONAL LICENSES:

State of Colorado: Dept. of Regulatory Agencies, Division of Registrants # 3041
Licensed 11/28/2006 – Active with no restrictions

State of Utah: Division of Occupational & Professional Licensing # 4845018-2501
Licensed 01/18/2001, on hold 2010 - 2017
Activated 02/22/2017 – Active with no restrictions

INACTIVE/PREVIOUS PROFESSIONAL LICENSES:

State of Nevada: Board of Psychological Examiners # PY 0413
Licensed 03/12/2001 - Expired 12/31/2012

State of Oklahoma: Board of Examiners of Psychologists #1102
Licensed 01/01/2010, on hold as of 2011

State of Florida: Department of Health, Division of Medical Quality Assurance #PY 6176
Licensed 06/09/2000 - Expired 02/28/2002

CERTIFICATIONS/EDORSEMENTS/SPECIALTIES:

Pain management Specialist – Training with Behavioral Medicine Associates	2001 - 2012
American Heart Association / Basic Life Support	05/2012
Crisis Prevention Intervention Training	06/2012
Biofeedback / Heart Math Certification & Training	05/2011
Life Coaching Certificate of Achievement – Therapist University	10/1999
Psychosexual & Sexual Abuse Criminal Examiner	1996 – 2011
Cooperative Parenting Through Divorce Facilitator	05/2004
Forensic Expert Witness for Criminal and Civil Litigation	2004 - 2012
Disability Consultative Examiner and Neuropsych Evaluator	2004 - Current
Vocational Rehabilitation Examiner	2004 - 2014
Fitness for Duty Evaluator	2004 - Current
Competency to Stand Trial Evaluator Certification – State of Nevada	2004 - 2012

- Workers' compensation evaluations for work readiness - current
- Pain management training / bio-psychological evaluations - current
- Surgical spinal stimulator implant psychological evaluations - current
- Bariatric weight management surgical evaluations – current
- Neuropsychological evaluations – current
- Child & Adolescent evaluations – current

PROFESSIONAL EXPERIENCE:

BECKIE GRGICH, PSY.D. PRIVATE PRACTICE April 2026 - Present
Clinical Director

Utah Center For Psychological Services
6787 S Redwood Rd. Ste 5
West Jordan, UT 84084 - (801) 839-5360

Clinical Oversight, Employee Management, Psychological Assessment and Evaluation Services

BECKIE GRGICH, PSY.D. PRIVATE PRACTICE October 2011 - Present
Psychologist / Owner

Insights, LLC & Brain and Body Insights, LLC
14960 Woodcarver Rd
Colorado Springs, CO 8092 – (719) 313-9210

Brain and Body Insights, LLC
14241 S Redwood Rd Ste 152, 153
Bluffdale, UT 84065– (801) 819-8719

Therapy, Psychological Assessment and Evaluation Services

- Military Member and Family Assessments
- Bariatric & Spinal Pre-Surgical Consultations
- Court-Ordered Parenting Capacity Assessments

- DSM-IV Diagnostic testing / assessments
- Fitness for Duty Evaluations
- Pain management & restorative functioning / Workers Compensation assessments

PENROSE ST. FRANCIS May 2012 – September 2012

Psychiatric Emergency Triage Team / Psychologist

2222 North Nevada Avenue Colorado Springs, CO 80907 (719) 571-1000

- Emergency / Crisis evaluator in the hospital emergency department
- Hospital floor triage evaluator for determination of holds, discharges, patient education
- Completed psychiatric emergency holds as well as emergency commitments for detox
- Coordinated external facility placements and emergency transfers
- Provided brief information and referrals to community agencies & resources
- DSM-IV diagnostic evaluations
- Brief problem-focused consultations as a Behavioral Health Consultant in a medical setting
- Patient care documentation
- Assessed for behavioral health concerns related to medical conditions
- Stress management, relaxation training
- Patients were children, adolescents, adults and seniors

ASPENPOINTE HEALTH SERVICES November 2010 – August 2012

Head of Internship Training & Special Projects,
Program Manager (11/2010 – 8/2012)
Head of Internship Training – Supervisor (11/2010 – 3/2011)
220 Ruskin Drive Colorado Springs, CO 80910 - (719) 572-6100

- Intern program oversight and implementation with 10-13 interns, including postdoctoral residents, pre-doctoral interns as well as master's level interns and practicum students.
- Team education, training and implementation of evidenced based practices across the adult network including 35-40 outpatient clinical and medical team members.
- Trained team regarding brief interventions, solution-focused treatments and differences from behavioral health consulting
- Re-Design and implementation of training modules and expertise for interns, aligning with current APA requirements.
- Conducted weekly training seminars across all APA domains such as clinical, professional development, ethics, multicultural and more.
- Designed and coordinated minor rotations for internship specialty training. Design & oversight of new minor rotations including; assessment and biofeedback.
- Project lead for re-design of mental health system 'Levels of Care' structure in the area of medical, clinical, case management and operations staff scheduling, broadening staff availability including new employee training and education of 'Levels of Care'.
- Designed and implemented educational seminars for staff with a focus upon clinical documentation excellence both course instruction and discussion formats.
- Biofeedback training via' HeartMath' (EmWav2 technology), certification for the treatment of anxiety, PTSD, depression and more.
- New employee orientation training regarding clinical documentation excellence.
- Design and implementation of "Psych Squad", a targeted training group to increase clinical expertise and documentation.
- Leadership Forum – Participated in leadership development and facilitation of forum for managers and supervisors across the organization.
- Crisis intervention lead for acute outpatient emergencies requiring brief interventions, hospitalization, de-escalation or linkage to services
- Population: Ages 17 to adult, seriously and persistently mentally ill population

Seminar Series for APPIC Accredited Program: Masters, Pre-Doctoral and Post Doctoral Interns:

- Professional Writing Style
- Bipolar Disorder Diagnosis & Interventions
- Thought Disorders Diagnosis & Interventions
- Multiple Roles and Ethics in leadership
- Treatment Planning & Termination from Treatment Outset
- Theoretical Orientations to Client-Based Interventions

- Diversity Issues within Social Classes
- Evidenced Based Practices for Depr. & Anxiety
- Effective Communication & De-escalation
- Program Design & Development
- Building a Successful Clinical Practice
- Appropriate Termination & Processing
- Research Applications for Clinical Practice
- Forensic Roles for Psychologists
- Behavioral Health Consulting – Roles
- Pre-Surgical Consultations in Healthcare
- Characteristics of Effective Therapists
- Personality Disorders Diagnosis & Treatment
- Professional Vitae and Applications
- Licensing & EPPP preparation
- Therapeutic Mistakes & Challenges
- Client Based Relapse Prevention
- Roles of Mental Health Professionals
- Psychological Testing with Healthcare Reform
- Counseling & School-Based Psychology
- Methods for Training Across Disciplines

ADVANCED INSIGHT BEHAVIORAL HEALTH January 2002 - June 2012

Emphasis: *Developmental, Neuropsychology, Forensics, Integrated Care / bio-psychological & Clinical Psychology*
1601 East Basin Street, Suite 302 Pahrump, NV 89060 - (775) 751-1349

President/CEO & Psychologist:	(01/2004 – 06/2012)
Distance Learning Developer & Trainer:	(12/2010 – 02/2012)
Program Design & Research:	(06/2007 – 02/2012)
Lead Trainer:	(04/2004 – 12/2010)
Sole Proprietor, (part time):	(01/2002 – 04/2004)

- Oversight of $650,000-$750,000 annual budget including contracting, collections, payroll and clinic expenditures.
- Project lead for community research projects & program design (2006 to 2012):
- Development, implementation and expansion of psychological services for 2500+ patients within 5 years. patient services increased each year: 2004-250 patients, 2005-450 patients, 2006-600 patients, 2007-850 patients, 2008-2010 1200+, 2011-2012 2200+ patients served.
- HIPAA Compliance Officer: Maintained federal, state and local regulations. Conducted clinical chart audits and facility trend audits.
- Recruitment, retention, training, management and supervision of clinical, fiscal and administrative staff members.
- Designed and implemented policies and procedures, clinical forms, as well as marketing and advertising materials.
- Researched and maintained up-to-date training and implementation of changes regarding federal and state policies, as well as third party payer requirements.
- Designed an implemented a digital record archiving and retrieval system with redundant back-ups for all patient records.
- Conducted 1300+ assessments: clinical diagnosis, psychosexual, disability, surgery readiness, competency to stand trial, workers compensation, fitness for duty, educational / academic, neuropsychological, vocational rehabilitation, placement determinations and Department of Children and Family Services assessments & related forensic work including civil and criminal expert witness testimony.
- Provided brief community-based consults for client referrals
- Provided school-based IEP and 504 evaluations on site. Provided recommendations pertaining to behavioral and emotional health.
- Crisis management and evaluation services for acute outpatient situations
- Brief therapy interventions, behavioral / medical health consultations, relaxation training, stress management, smoking cessation, bariatric evaluations, pain management services
- Services performs: Individual, group, couples and family
- Provided telephonic as well as in-person individual and family interventions for military members and their spouses;
- Population: Ages 3 to seniors, mild adjustment disorders to SPMI population with severe behavioral health patients
- Designed and executed distance learning courses with a focus upon healthcare reform for all licensed clinical staff members. Conducted online learning modules, created assignments and reviewed student progress.

Employee & Affiliate Seminar Series – In Person and Virtual/Online Instruction:
Designed and implemented on-site and distance learning courses. Conducted online learning modules, created assignments and reviewed student progress.

- Writing Recovery-Oriented Treatment Plans
- Role of Consultations in Rural Communities
- HIPAA for Psychologists – Security Rule
- Healthcare Reform in Behavioral Health Practices
- Ethical Practices in Rural Behavioral Health
- HIPAA for Psychologists – Privacy Rule

- HIPAA for Psychologists – High Tech Act
- Clinical Documentation Excellence Training
- Insurance Negotiations within Behavioral Health
- Evidenced Based Practices in Behavioral Health
- Differential Diagnosis
- Behavioral Consultation in Educational Settings
- Bariatric Pre-Surgical Consultations
- Introduction to Cooperative Parenting
- Appropriate Employee Appraisal Evaluations
- Crisis Assessment in Rural Settings
- Fraud, Waste & Abuse in Healthcare
- Forensic Psychology in Rural Settings
- Creating a Financially Solvent Private Practice Model
- Improving Outpatient Outcomes in Rural Healthcare
- Interventions for Children with Reactive Attachment Disorder
- The Role of the Expert Witness in Court
- Parenting Capacity Evaluations for DHS Involved Parents
- Parenting and the F.A.M.I.L.Y. Plan
- Patient Privacy and Confidentiality in Healthcare
- HIPAA for Psychologists

PRISON HEALTH SERVICES May 2002 – March 2008

Contract Psychologist & Law Enforcement Training Academy Instructor

Emphasis: *Forensic Psychology & Integrated Care*

3200 Stewart Avenue Las Vegas, NV 89101 - (702) 385-4041

Health Administrator: Julie A. Johnson, RN, BSN, CCH

(5/2003 to 08/2004) and Per Diem Psychologist (9/2004 to 03/2008):

- Trained new psychologists regarding jail policies and staff duties.
- Instructed at the Law Enforcement Training Academy. Taught new officers about officer stress and the mental health aspects of incarceration for inmates.
- Evaluated detainees' mental status to determine housing placements based upon risk to self and others, behavioral indicators and ability to assimilate.
- Provided crisis management, brief treatment and stabilization services to inmates.
- Conducted daily court-readiness assessments of 20 to 35 detainees per day.
- Evaluated detainees for competency to stand trial following court-readiness denials.
- Utilized knowledge of psychotropic medications to provide referrals for medication-based services. Consulted with institution psychiatrists and medical team regarding referral recommendations.
- Conducted daily triage of inmate's behavioral health concerns
- Performed administrative duties in keeping accurate records of detainee/inmate contact, documented all services provided, completed required reports.

Law Enforcement Training Series (Instructor):

- Communication Strategies
- Mental Health Population in Incarceration
- Suicide Prevention in Incarceration
- Officer Stress & Burnout Prevention

STATE OF NEVADA – RURAL CLINICS October 2000 – September 2003

Psychologist: (October 2000 to September 2003)

Interim Clinic Director: (January 2002 to July 2002)

Emphasis: *Clinical, Forensic, Developmental Psychology*

1665 Old Hot Springs Rd #157 Carson City, NV 89078 - (775) 687-7500

Regional Director: Larry Buel, Ph.D.

- Community and staff training regarding mental health care across settings.
- Provided individual and group treatment with patients ages 5 to seniors.
- Maintained an active caseload of 120 mild to seriously and persistently mentally ill patients.
- Implemented psychological screenings and 24-7 crisis management services.
- Conducted psychological and neuropsychological assessments / testing with children, teens and adults.
- Participated in staff recruitment – screening, interviewing, reference reviews.
- Assisted with information technology support services and data management.
- Organized local providers' meeting to increase community collaboration.
- Maintained full clinical responsibilities (as outlined above) as well as rural clinic administrative duties for an area encompassing 18,159 square miles.
- Acted as a liaison to the Carson City administrative offices located 400+ miles away.
- Implemented services as directed through the division director.
- Compiled technical reports for division management

- Managed clerical staff, nurse, psychiatrist, case managers and social workers, encompassing performance evaluations, goals, policies, procedures and clinical services.
- Improved employee and patient morale by implementing additional services and programs, increasing interdisciplinary cohesion and improving the physical environment while maintaining the budget goals.

Employment break: Relocated from Florida to Nevada *09/2000 to 10/2000*

OPERATION PAR, INC. January 2000 – August 2000

Grants Administrator

6655 66th Street North Pinellas Park, FL 33781 – (727) 545-7564

Supervisor: MaryLynn Stainton

- Compiled local, state and national grants totaling $8,000,000 annually.
- Supervised grant writing staff and implemented training procedures.
- Maintained grant and donor database.
- Rapidly moved requests for proposals (RFPs) to full-fledged, 200+ page proposals submitted without errors, within strict deadlines (sometimes within 72 hours).
- Managed fund raising activities, event coordination and community marketing.

Employment break: Studied for the national licensing exam *10/1999 to 12/1999*

INDIAN RIVER MEMORIAL HOSPITAL September 1998 - September 1999

Postdoctoral Psychology Resident (2000 hours)

Emphasis: *Developmental, Neuropsychology & Integrated Care*

Center for Emotional and Behavioral Health

1190 37Th Street Vero Beach, FL 32960 – (772) 563-4666

Supervisor: Wanda Bethea, Ed.D.

- Completed formal psychology residency in a community hospital environment encompassing outpatient, intensive outpatient and inpatient services.
- Participated in medical ground rounds, employee development training seminars and clinical case staffings.
- Trained hospital staff as a grand rounds presenter.
- Provided training seminars to medical care recipients, parents with ADHD children, school personnel and childcare staff members.
- Conducted psychological/neuropsychological assessments and diagnostic screenings.
- Provided clinical services to children, adolescents and families.
- Collaborated with community organizations to increase awareness of mental health issues.
- Services: Inpatient medical & outpatient medical, outpatient behavioral health, inpatient and partial hospitalization behavioral health

SAN LUIS OBISPO COUNTY MENTAL HEALTH September 1997 – September 1998

Predoctoral Psychology Intern (2000 hours)

Emphasis: *Developmental Psychology, Outpatient, Inpatient services*

Youth Services & Regional Medical Center

1989 Vincente Drive Building A - San Luis Obispo, CA 93405 (805) 781-4179

Supervisor: Janice Matlock-Jensen, Ph.D.

- Completed formal psychology residency as part of the San Luis Obispo Psychology Intern Consortium (SLOPIC).
- Provided services within the outpatient youth clinic (children, teens and families) as well as the inpatient regional medical center (children and adults).
- Conducted psychological/neuropsychological assessments with children and teens as well as formal risk assessments with adult and teen sexual offenders.
- Utilized effective psychotherapy strategies with children, teens and adults.
- Participated with professional staff development as a training committee member - developing conferences, workshops and designing advertising materials. Also completed course instruction segment at Cuesta College.

* Professional experiences listed hereafter were in conjunction with full time undergraduate and graduate studies (as identified by practicum status). The additional experiences outlined were employment positions during the pursuit of academic degrees.

BIOFEEDBACK THERAPY CLINIC August 1996 – March 1997

Psychological Assistant

Emphasis: *Neuropsychology & Integrated Care*

7171 North Millbrook Avenue Fresno, CA 93720 (559) 222-1862

Supervisor: Cecile Y. West, Ph.D.

- Applied to the state of CA and was granted a psychological assistantship to augment clinical training and experience while attending graduate school.
- Provided treatment to children, teens and adults under the supervision of Dr. West, a neuropsychologist.
- Conducted psychological assessments.
- Received education and hands-on training utilizing biofeedback methods with patients who had anxiety, ADHD and neurological deficits.

PSYCHOLOGICAL SERVICES CENTER May 1996 – December 1996

California School of Professional Psychology - Sexual Offender Program

Emphasis: *Forensic Psychology*

5130 East Clinton Way Fresno, CA 93727 (559) 456-2777

Supervisor: Gordon Cappeletty, Ph.D.

Psychology Practicum Student

- Conducted group and individual cognitive-behavioral therapy with teen and adult male sexual offenders.
- Utilized effective, outcome-based methods proven to reduce recidivism in the non-pedophile offender population by as much as 90%.
- Implemented standardized procedures and protocol to conduct psychosexual evaluations and risk assessments of juvenile and adult offenders.
- Collaborated with probation officers and children and family services.
- Reviewed court orders and maintained strict compliance with court expectations.
- Implemented crisis intervention services across all clinic programs including sexual offenders, domestic violence, eating disorders and more.

MERCED COUNTY MENTAL HEALTH September 1995 – May 1996

Emphasis: *Clinical Psychology, Inpatient, Outpatient & Forensic Services*

480 East 13Th Street, PO Box 839 Merced, CA 95340 (209) 381-6800

Supervisor: Merle Huber, LCSW

Psychology Practicum Student:

- Conducted outpatient psychotherapy with adults in a community-based setting.
- Participated in risk assessments and inmate evaluations at the Sandy Mush Jail facility.
- Completed psychological and neuropsychological assessments and conducted group psychotherapy with adults who were placed in the community mental health inpatient unit (BRITE).
- Coordinated in-home mental health services for individuals placed in board and care homes throughout Merced County.

CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY September 1995 - November 1995

Emphasis: *Research*
One Beach Street, Suite 100 San Francisco, CA 94133 (415) 955-2100

Research Assistant:

- Augmented educational experience with this additional work opportunity.
- Participated in data collection interviews.
- Compiled and submitted statistical data utilizing uniform data-collection format

IOOF CHILDREN'S HOME May 1995 – February 1996

Gillroy International Order of the Odfellow and Rebekas' Children's Home
290 IOOF Avenue Gillroy, CA 95020-5204 (408) 846-2100
Supervisor: David Schatz, MA

Child Care Worker II:

- Provided services, on site in 3-day intervals working 16 hours per day.
- Coordinated care of all basic needs for severely emotionally disturbed children.
- This facility was rated a level 14 on a 1-14 scale (most severe cases – 14).
- Implemented physical restraints utilizing Professional Assault Response Training.
- Behavioral management with children who had a history of predatory behaviors.
- Provided behavior modification restructuring and behavioral tracking mechanisms.

FRESNO UNIFIED SCHOOL DISTRICT January 1995 – May 1995

Wawona Middle: 4524 North Thorne Avenue Fresno, CA 93704
McCardle Elem: 577 East Sierra Avenue Fresno, CA 93710
Supervisor: Nancy Thompson (559) 248-7310

Psychology Practicum Student:

- Implemented school-based assessment services for elementary and middle school students (educational achievement testing, IQ assessments).
- Strategized academic and behavioral recommendations for individualized education plans.
- Designed and implemented classroom curriculum to enhance student self-esteem.
- Provided group therapy services for students manifesting emotional disturbances.

PROFESSIONAL ORGANIZATIONS, SERVICE & HONORS:

Practice of the Practice	2019 to 2020
American Psychological Association – Full Member	2000 to 2019
Nevada Psychological Association: Executive Committee (Insurance Chair)	2008 to 2010
Nye Communities Coalition - Pahrump, NV	01/2002 to 2010
Mental Health Providers Council – Pahrump, NV	10/2000 to 09/2003
Clinical Care Committee – Pinellas Park, FL	02/2000 to 08/2000
Florida Mental Health Institute, Univ. of South FL	02/2000 to 08/2000
Pinellas County Homeless Coalition – Pinellas Park, FL	02/2000 to 08/2000
Pinellas Grants Collaborative – Pinellas Park, FL	02/2000 to 08/2000
Pinellas Juvenile Justice Council – Pinellas Park, FL	02/2000 to 08/2000
Indian River Hospital Camp Manatee Committee – Vero Beach, FL	03/1999 to 07/1999
United Way Mental Health Task Force Committee – Vero Beach, FL	02/1999 to 03/1999
San Luis Obispo County Mental Health Training Committee – CA	09/1997 to 09/1998
National Academy of Neuropsychology	06/1996 to 06/1998
CSPP/Alliant University Admissions Student Rep. – Fresno, CA	02/1997 in NYC
Care Watch Committee Member – Fresno, CA	06/1996 to 06/1997
CSPP/Alliant University Admissions Committee – Fresno, CA	12/1994 to 06/1997
American Psychological Association – Student Member	Inducted in 1994
Psi Chi National Honor Society	Inducted in 1994